

Personal Training Rates

This is for individuals who want or need a one on one environment due to specific goals, limitations or injuries. The entire program is tailored precisely to you by our Certified Personal Trainers.

<u>Type</u>	<u>Price Per Session</u>	<u>Package Rate</u>	<u>Perkville 10% Off</u>	<u>Perkville 25% Off</u>	<u>Code</u>
(1) 30 Minute Session	\$37	\$37	\$33.30/ session	\$27.75/ session	F001
(5) 30 Minute Sessions	\$35	\$175			F005
(10) 30 Minute Sessions	\$32	\$320			F010
(20) 30 Minute Sessions	\$29	\$580			F020
(25) 30 Minute Sessions	\$29	\$725			F025
(1) Hour Session	\$60	\$60	\$54/ session	\$45/ session	F107
(5) Hour Sessions	\$57	\$285			F114
(10) Hour Sessions	\$52	\$520			F116
(20) Hour Sessions	\$47	\$940			F119
(25) Hour Sessions	\$47	\$1,175			F117

GET FIT! HAVE FUN! LOVE LIFE!

Partner Personal Training Rates

Partner Personal Training (2 people)

<u>Type</u>	<u>Price Per Session/ Per Person</u>	<u>Rate</u>	<u>Perkville 10% Off</u>	<u>Perkville 25% Off</u>	<u>Code</u>
(1) Hour Session	\$35	\$70	\$63/ session	\$52.50/ session	F107B
(5) Hour Sessions	\$34	\$340			B114A
(10) Hour Sessions	\$33	\$660			F116B
(20) Hour Sessions	\$32	\$1,280			F119B
(25) Hour Sessions	\$32	\$1,600			B117B

<u>Type</u>	<u>Rate</u>	<u>Code</u>
(1) Bod Pod	\$35	F204
(1) Bod Pod Non-Member	\$45	F204
Nutrition Consultation Package	\$159	(1) F204, (1) F107 & (2) F001

If you have any questions or need to schedule your appointment please contact Fitness Director Morgan Fewel (509) 943-8416 or morganfewel@my-cbrc.com

GET FIT! HAVE FUN! LOVE LIFE!