2018 Fall Junior Tennis Program



Session II November 1-December 22 NO CLASS Thanksgiving, November 22







Little Tennis TJrLittleTenn

Class is designed for children ages 4-7 that are learning all sport fundamentals. Juniors will be developing hand eye coordination, movement, balance, and athletic skills. Lots of throwing, swinging catching games, and tennis techniques. Spots are limited, so please sign up early to reserve your spot.

Session	Class Days	Class Time	Session Pricing Member Rate/ Non-Member	Tennis Professional
II	Tuesday (7 classes)	4:00-5:00 pm	\$105 / \$140 (+ tax)	Will
II	Thursday (7 classes)	4:00-5:00 pm	\$105 / \$140 (+ tax)	Will

Junior Beginners TJrBegin

For juniors age 7-12 who have very little exposure to tennis. Major emphasis is placed on the basics of stroke production, playing games, learning sportsmanship, making friends and lots of fun. Age groups are separated, as needed. Spots are limited, so please sign up early to reserve your spot.

Session	Class Days	Class Time	Session Pricing Member Rate/ Non-Member	Tennis Professional
II	Tuesday (7 classes)	4:00-5:00 pm	\$105 / \$140 (+ tax)	Jack
II	Thursday (7 classes)	4:00-5:00 pm	\$105 / \$140 (+ tax)	Jack

Intermediate TJrInterm

For ages 8-12 and have gone through some instruction. This class is designed for the junior who is striving to join Tournament Prep. This class will emphasize stroke production. Drills and games will be competitive with major emphasis on fun. Spots are limited, so please sign up early to reserve your spot.

Session	Class Days	Class Time	Session Pricing Member Rate/ Non-Member	Tennis Professional
II	Tuesday (7 classes)	5:00-6:00 pm	\$105 / \$140 (+ tax)	Luke
II	Thursday (7 classes)	5:00-6:00 pm	\$105 / \$140 (+ tax)	Luke

Agility Class

Agility Class is for those juniors working on speed, quickness, hand eye coordination and looking to make an improvement physically in their sport. The cost for the class is the same as a private lesson and based on the number of students in the class. Rates available on MYCBRC.com. For more information please contact Luke Thompson at 509-578-9492.

Time: 4:00-5:00pm 1:00-2:00pm Days: Tuesday Sunday Nov. 6, 13, 20 27 Nov. 4, 11

Dec. 4, 11, 18 Dec. 2, 9, 16

If for any reason you cannot attend a full session, CBRC can pro-rate the session. By paying for your session in advance you are saving your spot! Drop in classes are available if sessions is not full. Classes are limited to 8 students per instructor. There are no make up days. Drop-in rates are \$17/\$22 per 1 hour class, and \$24/32 per 1-1/2 hour class. If the class if full you may not drop in. If lesson times don't fit your schedule, CBRC also provides private lessons! For more information please contact CBRC at 509-943-8416.

Tournament Prep TJrTournPrep

For ages 10-14 based completely off of skill level. Players attending this class have interest in playing on their school's Varsity or Junior Varsity teams. Workouts are designed for the player who is striving to move up to the Tournament level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches. Major emphasis will be placed on developing strokes, strategy, and a well-rounded game.

Session	Class Days	Class Time	Session Pricing Member Rate/ Non-Member	Tennis Professional
II	Tuesday (7 classes)	6:00-7:00 pm	\$105 / \$140 (+ tax)	Luke
II	Thursday (7 classes)	6:00-7:00 pm	\$105 / \$140 (+ tax)	Will

Tournament Class TJTTournTenn

This class is designed for the highest level of junior players at CBRC, who are dedicated to improving their tennis. Workouts are designed for the Varsity high school or USTA tournament player who is striving to become a ranked player. Class emphasis will be on improving footwork, goal-setting, consistency, conditioning, mental toughness, patterns of play, and developing weapons.

Session	Class Days	Class Time	Session Pricing Member Rate/Non-Member	Tennis Professional
II	Monday (7 classes)	3:30-5:00 pm	\$147 / \$203 (+ tax)	Jack
II	Wednesday (7 classes)	3:30-5:00 pm	\$147 / \$203 (+ tax)	Luke
II	Friday (8 classes)	3:30-5:00 pm	\$168 / \$232 (+ tax)	Jack

Junior Developi	ment Sui	mmer Prograi	m Registration Form F.	D. to complete:	TJr	By signing this registration I, as
Juniors Name: Parents Name:						acting parent or legal guardian,
Phone #s: (H)			_(W)	E-Mail:		give permission for my child to be
Address:			City	State	Zip Age:	photographed, filmed, inter-
Payment:					lass Attending:	viewed, and have work samples
Account #:	* (Check Membershi	p status) CBRC Member / Non Member	Se Days/Time Attendin	ession:	published in print, and/or the internet.
Total:	_+tax	ouse chere	Return to Racquet Sport	s binder	F.D. Initials:	
			ne front desk. For more information tasin Racquet Club 1776 Terminal	contact any tennis prof		j I