# Junior Tennis Program 2019 Schedule September 1 — October 31



#### Little Tennis TJrLittleTenn

Class is designed for children ages 4-6 that are learning all sport fundamentals. Juniors will be developing hand eye coordination, movement, balance, and athletic skills. Lots of throwing, swinging catching games, and tennis techniques. Spots are limited to six, so please sign up early to reserve your spot.

Session (6 spots)	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Sept-Oct	Luke	Tuesday (9 classes)	4:00-5:00pm	\$135 / \$180 (+tax)
Sept-Oct	Luke	Thursday (9 classes)	4:00-5:00pm	\$135 / \$180 (+tax)

#### Junior Beginners TJrBegin

For juniors age 7-10 who have very little exposure to tennis. Major emphasis is placed on the basics of stroke production, grips, body rotation, learning sportsmanship, making friends and lots of fun. Age groups will be separated, as needed. Spots are limited to sixteen, so please sign up early to reserve your spot.

Session (16 spots)	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Sept-Oct	Jana & Thomas	Tuesday (9 classes)	4:00-5:00pm	\$135 / \$180 (+tax)
Sept-Oct	Jana & Thomas	Thursday (9 classes)	4:00-5:00pm	\$135 / \$180 (+tax)

#### Intermediate TJrInterm

For ages 8-12 and have gone through some instruction. This class is designed for the junior who is striving to join Tournament Prep. This class will emphasize stroke production. Drills and games will be competitive with major emphasis on fun. Spots are limited to sixteen, so please sign up early to reserve your spot.

Session (16 spots)	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Sept-Oct	Will & Thomas	Tuesday (9 classes)	5:00-6:00pm	\$135 / \$180 (+tax)
Sept-Oct	Will & Thomas	Thursday (9 classes)	5:00-6:00pm	\$135 / \$180 (+tax)

	Junior Deve	lopment Program Regist	tration Form	F.D. to comp	lete: TJr
Name:			Parents:		
Phone #s:			E-Mail:		
Address:					Age:
Payment:	□Charge □Cash	Class Attending:	City	State Session:	Zip F.D. Initials:
•	□Check □Coupon	Days/Time Attending	:		* (Check Membership status) Please Circl CBRC Member / Non Member
Account #:		Total:	+tax		
		Return to Racquet Spo Please return to the front desk Columbia Basin Racqu	. For more inform	Payment must accompan ation, contact any tennis p rminal Drive Richland, V	professional at 509-943-8416.

# Tournament Prep TJrTournPrep

For ages 10-14 that are coming up through the CBRC program. Players attending this class have interest in playing on their school's Varsity. Workouts are designed for the player who is striving to move up to the Tournament level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches, and major emphasis will be placed on developing strokes, strategy, and a well-rounded game.

Session (16 spots)	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Sept-Oct	Luke & Jana	Tuesday (9 classes)	5:00-6:00	\$135 / \$180 (+tax)
Sept-Oct	Luke & Jana	Thursday (9 classes)	5:00-6:00	\$135 / \$180 (+tax)

## HS Boys & Girls TJFHSBG

For ages 13-18. Players attending this class have interest in playing on their school's Varsity or Junior Varsity teams. Workouts are designed for the player who is striving to move up to the Tournament level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches. Major emphasis will be placed on developing strokes, strategy, and a well-rounded game.

Session (8 spots)	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Sept-Oct	Jana	Wednesday (9 classes)	5:00-6:00pm	\$135 / \$180 (+tax)
Sept-Oct	Jana	Saturday (7 classes)	12:00-1:00pm	\$105 / \$140 (+tax)

### Tournament Class TJrTournTenn (Pro invitation only)

This class is designed for junior players who have come up through the CBRC system. Strokes should already be developed and juniors should be playing tournaments year round. It is recommended that juniors work with a private coach if they are playing tournaments. Class emphasis will be on improving footwork, strike zones, goal-setting, consistency, conditioning, mental toughness, patterns of play, and developing weapons.

Session (21 spots)	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Sept-Oct	Jana & Luke	Monday (9 classes)	3:30-5:00 pm	\$202.50 / \$270 (+tax)
Sept-Oct	Jana & Luke	Wednesday (9 classes)	3:30-5:00 pm	\$202.50 / \$270 (+tax)
Sept-Oct	Jana & Will	Friday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)

# Advanced Hit Group TJrAdvhit (Pro invitation only)

For ages 12-18 for juniors invited to the hit. Players attending must be playing USTA Tournaments, must have a private coach, and must be coming to one Tournament class a week in the Fall, Winter & Spring. An emphasis will be placed on match play. Adults that play at a 4.5 level or higher may be in this class to hit with the juniors depending on availability.

Session (8 spots)	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Sept-Oct	Thomas	Monday (9 classes)	3:30-5:00 pm	\$202.50 / \$270 (+tax)
Sept-Oct	Thomas	Wednesday (9 classes)	3:30-5:00 pm	\$202.50 / \$270 (+tax)
Sept-Oct	Thomas	Friday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)