## **Junior Tennis Program - Fall 2019 November 1 - December 21**



#### Little Tennis TJrLittleTenn

Class is designed for children ages 4-6 that are learning all sport fundamentals. Juniors will be developing hand eye coordination, movement, balance, and athletic skills. Lots of throwing, swinging catching games, and tennis techniques.

Spots are limited to seven, so please sign up early to reserve your spot.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Nov-Dec	Luke	Tuesday (7 classes)	4:00-5:00pm	\$105 / \$140 (+tax)
Nov-Dec	Luke	Thursday (6 classes)	4:00-5:00pm	\$90 / \$120 (+tax)

### Junior Beginners TJrBegin

For juniors age 7-10 who have very little exposure to tennis. Major emphasis is placed on the basics of stroke production, grips, body rotation, learning sportsmanship, making friends and lots of fun. Age groups will be separated, as needed.

Spots are limited to fourteen, so please sign up early to reserve your spot.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Nov-Dec	Jana & Thomas	Tuesday (7 classes)	4:00-5:00pm	\$105 / \$140 (+tax)
Nov-Dec	Jana & Thomas	Thursday (6 classes)	4:00-5:00pm	\$90 / \$120 (+tax)

#### Intermediate TJrInterm

For ages 8-12 and have gone through some instruction. This class is designed for the junior who is striving to join Tournament Prep. This class will emphasize stroke production. Drills and games will be competitive with major emphasis on fun. Spots are limited to fourteen, so please sign up early to reserve your spot.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Nov-Dec	Will & Thomas	Tuesday (7 classes)	5:00-6:00pm	\$105 / \$140 (+tax)
Nov-Dec	Will & Thomas	Thursday (6 classes)	5:00-6:00pm	\$90 / \$120 (+tax)

	Junior Deve	lopment Program Regis	tration Forn	n F.D. to compl	lete: TJr	
Name:			Parents:			
Phone #s:			E-Mail:			
Address:					Age:	
			City	State	Zip	
Payment:	□Charge □Cash	Class Attending:		Session:	F.D. Ini	tials:
	□Check □Coupon	Days/Time Attending	;:	_	* (Check Membership status) CBRC Member / N	
Account #:		Total:	+tax			
		Return to Racquet Spot Please return to the front desk Columbia Basin Racc	. For more infor	Payment must accompan mation, contact any tennis p Terminal Drive Richland, W	rofessional at 509-943-8416.	

#### Tournament Prep TJrTournPrep

For ages 10-14 that are coming up through the CBRC program. Players attending this class have interest in playing on their school's Varsity. Workouts are designed for the player who is striving to move up to the Tournament level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches, and major emphasis will be placed on developing strokes, strategy, and a well-rounded game.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Nov-Dec	Luke & Jana	Tuesday (7 classes)	5:00-6:00	\$105 / \$140 (+tax)
Nov-Dec	Luke & Jana	Thursday (6 classes)	5:00-6:00	\$90 / \$120 (+tax)

## HS Boys & Girls TJrHSBG

For ages 13-18. Players attending this class have interest in playing on their school's Varsity or Junior Varsity teams. Workouts are designed for the player who is striving to move up to the Tournament level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches. Major emphasis will be placed on developing strokes, strategy, and a well-rounded game.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Nov-Dec	Jana	Wednesday (7 classes)	5:00-6:00pm	\$105 / \$140 (+tax)
Nov-Dec	Jana	Saturday (6 classes)	12:00-1:00pm	\$90 / \$120 (+tax)

## Tournament Class TJTTournTenn (Pro invitation only)

This class is designed for junior players who have come up through the CBRC system. Strokes should already be developed and juniors should be playing tournaments year round. It is recommended that juniors work with a private coach if they are playing tournaments. Class emphasis will be on improving footwork, strike zones, goal-setting, consistency, conditioning, mental toughness, patterns of play, and developing weapons.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Nov-Dec	Luke & Jana	Monday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)
Nov-Dec	Luke & Jana	Wednesday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)
Nov-Dec	Jana & Will	Friday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)

# Advanced Hit Group TJrAdvhit (Pro invitation only)

For ages 12-18 for juniors invited to the hit. Players attending must be playing USTA Tournaments, must have a private coach, and must be coming to one Tournament class a week in the Fall, Winter & Spring. An emphasis will be placed on match play. Adults that play at a 4.5 level or higher may be in this class to hit with the juniors depending on availability.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Nov-Dec	Thomas	Monday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)
Nov-Dec	Thomas	Wednesday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)
Nov-Dec	Thomas	Friday (7 classes)	3:30-5:00 pm	\$157.50 / \$203 (+tax)