

# Junior Tennis Program - Winter I 2020

## January 6-February 29



No Classes: Feb. 7, 8, 15, 28 or 29

Pre Register Rate 1 HR \$16 / \$21 1.5 HR \$24 / \$31.50  
 Drop In Rate 1 HR \$21 / \$23 1.5 HR \$27 / \$33

### Little Tennis TJrLittleTenn

Class is designed for children ages 4-6 that are learning all sport fundamentals. Juniors will be developing hand eye coordination, movement, balance, and athletic skills. Lots of throwing, swinging catching games, and tennis techniques. Spots are limited to seven, so please sign up early to reserve your spot.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Jan-Feb	Luke	Tuesday (8 classes)	4:00-5:00pm	\$128 / \$168 (+tax)
Jan-Feb	Luke	Thursday (8 classes)	4:00-5:00pm	\$128 / \$168 (+tax)

### Junior Beginners TJrBegin

For juniors age 7-10 who have very little exposure to tennis. Major emphasis is placed on the basics of stroke production, grips, body rotation, learning sportsmanship, making friends and lots of fun. Age groups will be separated, as needed. Spots are limited to fourteen, so please sign up early to reserve your spot.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Jan-Feb	Jana & Alex	Tuesday (8 classes)	4:00-5:00pm	\$128 / \$168 (+tax)
Jan-Feb	Jana & Alex	Thursday (8 classes)	4:00-5:00pm	\$128 / \$168 (+tax)

### Intermediate TJrInterm

For ages 8-12 and have gone through some instruction. This class is designed for the junior who is striving to join Tournament Prep. This class will emphasize stroke production. Drills and games will be competitive with major emphasis on fun. Spots are limited to fourteen, so please sign up early to reserve your spot.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Jan-Feb	Will & Alex	Tuesday (8 classes)	5:00-6:00pm	\$128 / \$168 (+tax)
Jan-Feb	Will & Alex	Thursday (8 classes)	5:00-6:00pm	\$128 / \$168 (+tax)

#### Junior Development Program Registration Form F.D. to complete: TJr \_\_\_\_\_

Name: \_\_\_\_\_ Parents: \_\_\_\_\_

Phone #s: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Age: \_\_\_\_\_

Payment:  Charge  Cash  
 Check  Coupon

Class Attending: \_\_\_\_\_ Session: \_\_\_\_\_ F.D. Initials: \_\_\_\_\_  
 Days/Time Attending: \_\_\_\_\_ \* (Check Membership status) Please Circle  
 CBRC Member / Non Member

Account #: \_\_\_\_\_ Total: \_\_\_\_\_ +tax

**Return to Racquet Sports binder Payment must accompany registration.**

Please return to the front desk. For more information, contact any tennis professional at 509-943-8416.  
 Columbia Basin Racquet Club 1776 Terminal Drive Richland, WA. 99352.

## Tournament Prep TJrTournPrep

For ages 10-14 that are coming up through the CBRC program. Players attending this class have interest in playing on their school's Varsity. Workouts are designed for the player who is striving to move up to the Tournament level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches, and major emphasis will be placed on developing strokes, strategy, and a well-rounded game.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Jan-Feb	Luke	Tuesday (8 classes)	5:00-6:00	\$128 / \$168 (+tax)
Jan-Feb	Luke	Thursday (8 classes)	5:00-6:00	\$128 / \$168 (+tax)

## HS Boys & Girls TJrHSBG

For ages 13-18. Players attending this class have interest in playing on their school's Varsity or Junior Varsity teams. Workouts are designed for the player who is striving to move up to the Tournament level of the Junior Program. Consistency will be stressed as a way of helping players become more competitive in matches. Major emphasis will be placed on developing strokes, strategy, and a well-rounded game.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Jan-Feb	Jana	Wednesday (8 classes)	5:00-6:00pm	\$128 / \$168 (+tax)
Jan-Feb	Jana	Saturday (5 classes)	12:00-1:00pm	\$80 / \$105 (+tax)

## Tournament Class TJrTournTenn *(Pro invitation only)*

This class is designed for junior players who have come up through the CBRC system. Strokes should already be developed and juniors should be playing tournaments year round. It is recommended that juniors work with a private coach if they are playing tournaments. Class emphasis will be on improving footwork, strike zones, goal-setting, consistency, conditioning, mental toughness, patterns of play, and developing weapons.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/Non-Member
Jan-Feb	Jana	Monday (8 classes)	3:30-5:00 pm	\$192 / \$252 (+tax)
Jan-Feb	Jana	Wednesday (8 classes)	3:30-5:00 pm	\$192 / \$252 (+tax)
Jan-Feb	Jana	Friday (6 classes)	3:30-5:00 pm	\$144 / \$189 (+tax)

## Advanced Hit Group TJrAdvhit *(Pro invitation only)*

For ages 12-18 for juniors invited to the hit. Players attending must be playing USTA Tournaments, must have a private coach, and must be coming to one Tournament class a week in the Fall, Winter & Spring. An emphasis will be placed on match play. Adults that play at a 4.5 level or higher may be in this class to hit with the juniors depending on availability.

Session	Pro	Class Days	Class Time	Session Pricing Member Rate/ Non-Member
Jan-Feb	Luke	Monday (8 classes)	3:30-5:00 pm	\$192 / \$252 (+tax)
Jan-Feb	Luke	Wednesday (8 classes)	3:30-5:00 pm	\$192 / \$252 (+tax)