



COVID-19 Waiver and Release Update

At Columbia Basin Racquet Club, the health and safety of members and staff is of paramount concern. Please see below our updated waiver and release and illness policy which includes COVID-19.

If you are sick, please stay home and cancel your session. If you answer yes to any of the following questions, please stay home:

- Have you been diagnosed with COVID-19 and have not recovered or are still within the 14-day quarantine period?
- Have you been in close contact with a confirmed case of COVID-19 in the past 14 days?
- Are you experiencing a cough, shortness of breath, sore throat, or other symptoms of COVID-19?
- Have you had a fever in the last 72 hours?
- Have you had a new loss of taste or smell?
- Have you had vomiting or diarrhea in the last 24 hours?

A few important things to remember:

- Stay at least 6 feet (about 2 arms' length) from other people.
- Cover your cough or sneeze with a tissue, and then throw the tissue in the trash and wash your hands.
- When in public areas of the Club, wear a cloth face covering over your nose and mouth.
- Do not touch your eyes, nose, or mouth.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick, except to get medical care.
- Wash your hands frequently with soap and water for at least 20 seconds. Use Hand sanitizer that has 60% + alcohol.

Member Pledge

I, _____, pledge to be a good Columbia Basin Racquet Club member or guest by:

- Remaining home if I have had a fever of higher than 100 degrees within the last three days.
- Remaining home if I, or any roommate/family member, have displayed any symptoms of COVID-19.
- Disinfecting, washing hands upon entry to the Club.
- Cleaning off machines before and after each use.
- Respecting members' and employees' safety by adhering to physical distancing of 6 feet or more.
- Respecting the allotted time needed to accommodate physical distancing and participation restrictions.

Signature: _____ Date: _____

Parent/Guardian if under 18 _____ Name: _____

WAIVER AND RELEASE

I represent to Columbia Basin Racquet Club (the "Club") that I am physically fit to perform those activities which I may undertake at the club and that I am solely responsible for all health risks associated with such activities. I understand that any evaluation or assessment of my physical fitness and any recommendation of activities made by the Club shall not be a substitute for obtaining such evaluation, assessment or recommendation from my physician before undertaking a physical exercise program or engaging in any of the activities at the Club. I hereby, on behalf of myself, and heirs, executors, administrators and assigns, fully and forever release and discharge the Club from any and all demands, rights or action, causes of action, present or future, known or unknown, anticipated or unanticipated, resulting from or arising out of my attendance or use of the Club or my participation in any of the Club's activities or programs, including those which arise out of the negligence of the Club. Further, I hereby release and discharge the Club and the Club Affiliates from any and all liability for any loss, theft of, or damage to personal property, including without limitation automobiles and the contents of lockers. I understand that the Club recommends that I be examined by my physician prior to engaging in activities at the Club. I acknowledge that the Club and/or its owners, shareholders, officers, directors, employees, agents or affiliates (collectively, the "Club Affiliates") including its employees, are not licensed medical practitioners, and that their advice is therefore limited in scope and is not a substitute for medical supervision and advice. I acknowledge that my attendance at or use of the Club or participation in any of the Club's activities or programs, including without limitation my use of the Club's equipment and facilities, could cause injury to me. In consideration of my attendance at or use of the Club and its facilities, I hereby assume all risks of personal injury, death, property loss or other damages which may result from or arise out of attendance at or use of the Club or participation in any of the Club's programs or activities. This waiver and release of liability includes, without limitation, all injuries which may occur, **regardless of negligence**, as a result of: (a) my use of all amenities and equipment in the facility and my participation in any activity, class, program, personal training or instruction; (b) the sudden and unforeseen malfunctioning of any equipment; (c) the Club's instruction, training, supervision, or dietary recommendations; (d) any online or virtual training; or (e) slipping and/or falling while in the Club, or on the Club premises, including adjacent sidewalks and parking areas. **This liability waiver also includes any and all claims arising from, related to, or associated with the presence or transmission of any bacteria, fungi, viruses, or other infectious diseases, whether or not caused by the Club's negligence.**

I acknowledge that I have carefully read this Waiver and Release and fully understand that it is a waiver and release of liability. I further acknowledge this liability waiver shall be and remain in full force and effect immediately and indefinitely, and shall apply each and every time I enter the Club premises, as a condition of such entry. Additionally, I understand that the Club occasionally photographs/videotapes member events/sessions and I consent to, and give approval for the Club to use these images or video in any and all media for promotional purposes with no financial or other remuneration due to me.

Signed: _____ Printed Name: _____

Dated: ___/___/___

Parent/Guardian if under 18 _____ Name: _____