

Adult Program Registration Form

Front desk/Tennis Dept. to complete: TAd_____

Name: _____

Phone #s: _____

E-Mail: _____

Address: _____

Payment: Charge Cash Check Coupon Class Attending: _____ Session: **SPRING 1**

Days/Time Attending: _____ Please Circle: CBRC Member Non-Member

Member #: _____ Total: _____ + tax Pro-Rate Approval: _____

PLEASE RETURN REGISTRATION FORM TO THE TENNIS DEPARTMENT. For non-members, please return the form along with payment to the Front Desk or Tennis Department.

For more information, contact the CBRC Tennis Department at 509-943-8416, ext. 140.

CBRC Health & Wellness Clinic 1776 Terminal Drive, Richland, WA 99354 Jana Nejedly Welt, Director of Racquet Sports



**Adult Group
Tennis Classes
&
PRIVATE LESSON RATES**

**2021 Spring Session 1
April 1-30
NO CLASSES APRIL 5-10
(Spring Break)**



Jana Nejedly Welt, Director of Racquet Sports
1776 Terminal Drive
Richland, WA 99354
509/943-8416
mycbr.com
TennisCBRC



Pre-registration is required for all classes. No drop-ins to classes at this time. Pro-rating is available for late start into the session or pre-arranged absences. Make-up classes due to weather may be offered during the session. Please contact the Tennis Department for more information.

Pricing shown is **Member/Non-Member**

NO CLASSES APRIL 5-10 & 17

ADULT HIT GROUP

WEDNESDAY, 10-11AM

For 2.5-3.0. This is a fun-filled group where you will work on skills, fitness, and real-time play development. Emphasis is on executing shots, court positions, power, depth, and directional control.

DAYS **SESSION PRICING (+ tax)**
 Wednesday Apr. 14, 21, 28 \$60/\$84

90-MINUTE BOOT CAMP

WEDNESDAY, 8:30-10AM

SATURDAY 9-10:30AM

Fast-track your fitness and improve your doubles shot-making skills! You'll hit a ton of balls with lots of competitive and fun-fast-paced drills. Boot Camp is designed to elevate your doubles game and improve your tactical and strategic knowledge.

DAYS **SESSION PRICING (+ tax)**
 Wednesday Apr. 14, 21, 28 \$90/\$126
 Saturday Apr. 3, 24 **CANCELED**

If you have an idea for a class that you would like to attend, for any level, please let us know!

ADULT BEGINNERS

WEDNESDAY, 7-8PM

It's never too late to "brush up" on your strokes or learn to play the sport of a lifetime for the first time! Each class will focus on a different stroke. You'll learn the correct grips & techniques for the 5 basic strokes--forehand, backhand, volley, serve, and overhead--along with learning consistency and the general rules of the game. Towards the end of each lesson, you will apply what you've learned to some fun, competitive games. Develop a solid foundation today and learn to play for a lifetime!

DAYS **SESSION PRICING (+ tax)**
 Wednesday Apr. 14, 21, 28 \$60/\$84

3.5+ DOUBLES DRILL & PLAY*

WEDNESDAY, 11:30AM-1:30PM

30- to 45-minutes of warm-up drills & games with Jana, then match play for the remainder. New drills every week, short sets for match play and rotate partners. *Below 3.5: placement will be at pro discretion.

DAYS **SESSION PRICING (+ tax)**
 Wednesday Apr. 14, 21, 28 \$30/\$42

PLEASE NOTE: All classes must have a minimum of 3 students to run, and no more than 6 students per court. All COVID-19 safety guidelines will be strictly enforced. Your safety is important to us!

PRIVATE LESSONS

One student, one pro Member/Non-Member

1/2 hour	\$39/\$49
1 hour	\$68/\$78
1-1/2 hours	\$102/\$117
2 hours	\$136/\$156

PRIVATE GROUP

1 hour, per person Member/Non-Member

2 people	\$39/\$49
3 people	\$26/\$36
4-5 people	\$20/\$28
6+ people	\$16/\$22

1-1/2 hours, per person Member/Non-Member

2 people	\$58/\$74
3 people	\$39/\$54
4-5 people	\$30/\$42
6+ people	\$24/\$36

Pricing as of 11/1/20. Subject to change.

Ladies Drop-In Night Mondays, 6:00-7:30PM

Men's Drop-In Night Wednesdays, 7:30-9PM

Ladies Drop-In Day Thursdays, 8:30-10AM

Senior League Drop-in Tuesdays & Fridays, 1-2:30PM

