

CBRC Health & Wellness Clinic

2021 Summer Camp Agenda

Hours: 7:30 am-4:30 pm

Ages 5-13

The following agenda and camp calendar is subject to change at any time. Time frames are approximate and adjust based on the day and scheduled activity. Listed activities are scheduled, but not guaranteed for any specific day. We will do our best to be consistent with what is planned. **Personal electronics may only be used during free time.** All other times they are required to be put away. Themed dress up days every Monday & Friday. Camp Shirts & Mask are optional.

Daily Agenda

7:30 am	Camp Opens; Supervised Free time (Personal electronics allowed)
8:30 - 10:30	Rotations - Rockwall Climbing, Racquetball Courts, and Outdoor Tennis Courtyard Activities - AM Snack
10:30 - 11:30	Gym Activities, Fitness Days, and Special Events
11:30 - 12:00	Lunch
12:00 - 1:30	Quiet Time/Movie (Personal electronics allowed) Change for Swim
1:30 - 3:15	Swimming at Pelican Bay & Outdoor Pool
3:15 - 3:30	Family Changing Room - Change back into clothes
3:30 - 4:00	PM Snack or Sand Bar Concession Stand
4:00 - 4:30	Supervised Free Time (Personal electronics allowed)

CBRC is not responsible for lost or stolen personal items.

Things to Pack

Water Bottle



Bathing Suit



Life jacket



Sunscreen



Sneakers



Lunch





2021 CBRC Summer Camp Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 June 16-18			6/16 Welcome Campers	6/17 Zumba	6/18 Crazy Sock Day
Week 2 June 21-25	6/21 80's Day	6/22 Gym Day	6/23 Trinity Martial Arts Academy	6/24 Fitness & Agility	6/25 Hawaiian Day
Week 3 June 28-July 2	6/28 Crazy Hair Day	6/29 Gym Day	6/30 Richland Airport	7/1 Outdoor Courtyard Games	7/2 Pajama Day
Week 4 July 5-9	7/5 Red, White & Blue	7/6 Gym Day	7/7 Trinity Martial Arts Academy	7/8 Kids Fit	7/9 Western Day Bouncin Bins
Week 5 July 12-16	7/12 Superhero	7/13 Gym Day	7/14 Trinity Martial Arts Academy	7/15 Fitness & Agility	7/16 Star Wars
Week 6 July 19-23	7/19 Mismatched	7/20 Gym Day	7/21 Trinity Martial Arts Academy	7/22 Zumba	7/23 Christmas in July Bouncin Bins
Week 7 July 26-30	7/26 Crazy Hat Day	7/27 Gym Day	7/28 Trinity Martial Arts Academy	7/29 Cardio Tennis	7/30 School Spirit
Week 8 August 2-6	8/2 2021 Olympics Team USA	8/3 Gym Day	8/4 Trinity Martial Arts Academy	8/5 Kids Fit	8/6 Strips vs. Polka Dots
Week 9 August 9-13	8/9 Monochrome	8/10 Gym Day	8/11 Trinity Martial Arts Academy	8/12 Fitness & Agility	8/13 Twin Day
Week 10 August 16-20	8/16 Jersey Day	8/17 Gym Day	8/18 Trinity Martial Arts Academy	8/19 Cardio Tennis	8/20 Crazy Clothes Day
Week 11 August 23-27	8/23 Inside Out Day	8/24 Gym Day	8/25 Trinity Martial Arts	8/26 Zumba	8/27 Fancy Friday