Summer 2025 Swim Lessons

**Member Registration Opens April 14th

**Guest Registration Opens May 5th

Session I June 16 - July 3
Session II July 7 - July 24
Session III July 28 - Aug. 14



JELLY FISH - Is designed to introduce swimmers to the water independently. They will become comfortable putting their faces in the water, going under the water, floating, and will receive introduction to strokes. In order to pass the Jellyfish level, students must float unsupported both on their stomachs and backs, then comfortably roll from front to back and back to front.

CLASS DAYS	CLASS TIMES	Session I, 2 or 3 (Mem/Non)
Monday - Thursday	9:30; 10:00; 10:30; 11:30; 1:00; 4:30; 5:00; 6:00	\$162 / \$222

STAR FISH - Students will become proficient in the front crawl/freestyle, backstroke, elementary backstroke, and breaststroke arms. Whip kick and side breathing will be introduced in this level. Swimmers must be able to swim 15 meters of front crawl with side breathing, backstroke, and elementary backstroke to pass.

CLASS DAYS	CLASS TIMES	Session I, 2 or 3 (Mem/Non)
Monday - Thursday	9:00; 10:00; 11:00; 1:30; 4:00; 5:30; 6:30	\$162 / \$222

SEA HORSE - Students know front crawl/freestyle, backstroke, elementary backstroke, breaststroke arms and whip kick. The goal, is to

refine all strokes learned and to gain endurance to go the length of the pool (25 meters). Swimmers will learn how to put the breaststroke arms and legs together. Once able to swim 25 meters of front crawl, backstroke, elementary backstroke with whip kick, and breaststroke swimmers are able to pass

CLASS DAYS	CLASS TIMES	Session I, 2,or 3 (Mem/Non)
Monday - Thursday	9:30; 10:30; 11:30; 2:30; 4:00; 5:00; 6:00	\$162 / \$222

MANTA RAY- is for students to become proficient at their breaststroke while gaining endurance for the freestyle and backstroke. Swimmers will learn the butterfly and flip turns in this level. Swimmers will be expected to swim two lengths (50 meters) of the pool with freestyle, backstroke and breaststroke without stopping to advance.

CLASS DAYS	CLASS TIMES	Session I, 2 or 3 (Mem/Non)
Monday - Thursday	9:00; 11:00; 2:00; 4:30; 5:30; 6:30	\$162 / \$222

SHARK - swimmers must swim four lengths (100 meters) of freestyle, backstroke, breaststroke and at least two lengths (50 meters) of butterfly. Students who successfully complete the program are encouraged to join the Pre-Swim Team!

CLASS DAYS	CLASS TIMES	Session I, 2 or 3 (Mem/Non) No class on July 4th
Monday - Thursday	9:00; 11:00; 2:00; 4:30; 5:30; 6:30	\$162 / \$222



Swim Lessons

Session I

Session II

June 14 - July 19
*No class July 5th
July 26 - August 23

JELLYFISH - Is designed to introduce swimmers to the water independently. They will become comfortable putting their faces in the water, going under the water, floating, and will receive introduction to strokes. In order to pass the Jellyfish level, students must float unsupported both on their stomachs and backs, then comfortably roll from front to back and back to front.

CLASS DAY	CLASS TIMES	Mem/Non Session I	Mem/Non Session II
Saturday	9:00 - 9:30, 11:00 - 11:30 a.m.	\$68 / \$93	\$68 / \$93

STARFISH - Students will become proficient in the front crawl/freestyle, backstroke, elementary backstroke, and breaststroke arms. Whip kick and side breathing will be introduced in this level. Swimmers must be able to swim 15 meters of front crawl with side breathing, backstroke, and elementary backstroke to pass.

CLASS DAY	CLASS TIMES	Mem/Non Session I	Mem/Non Session II
Saturday	9:00 - 9:30, 11:00 - 11:30 a.m.	\$68 / \$93	\$68 / \$93

SEAHORSE - students know front crawl/freestyle, backstroke, elementary backstroke, breaststroke arms and whip kick. The goal, is to refine all strokes learned and to gain endurance to go the length of the pool (25 meters). Swimmers will learn how to put the breaststroke arms and legs together. Once able to swim 25 meters of front crawl, backstroke, elementary backstroke with whip kick, and breaststroke swimmers are able to pass seahorse.

CLASS DAY	CLASS TIMES	Mem/Non Session I	Mem/Non Session II
Saturday	9:30 - 10:00 a.m.	\$68 / \$93	\$68 / \$93

MANTA RAY for students to become proficient at their breaststroke while gaining endurance for the freestyle and backstroke. Swimmers will learn the butterfly and flip turns in this level. Swimmers will be expected to swim two lengths (50 meters) of the pool with freestyle, backstroke and breaststroke without stopping to advance.

CLASS DAY	CLASS TIMES	Mem/Non Session I	Mem/Non Session II
Saturday	10:00 - 10:45 a.m.	\$102 / \$139	\$102 / \$139

SHARK - swimmers must swim four lengths (100 meters) of freestyle, backstroke, breaststroke and at least two lengths (50 meters) of butterfly. Students who successfully complete the program are encouraged to join the Pre-Swim Team!

CLASS DAY	CLASS TIMES	Mem/Non Session I	Mem/Non Session II
Saturday	10:00 - 10:45 a.m.	\$102 / \$139	\$102 / \$139

	Summer'25	Registration – Payr	nent must acc	ompany regist	tration.	•••••
Name:		Age:	_ DOB:/_	_/ Parent	Name:	
Member #	Non:	Phone:		_Cell Phone:_		
Address:		Emai	l Address:			
Level:		Class Day_		Class Time:	Session:	
Payment: Check_		Credit nd emails from Columbia Bas	Charge_	Tota	al	
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Summer 2025 Pre-Swim Team Summer 2025 Pre-Swim Team

**Member Registration Opens April 14th

**Guest Registration Opens May 5th

Weekdays

Session I June 16 - July 3 Session II July 7 - July 24 Session III July 28 - Aug. 14

Weekends

Session I June 14 - July 19
*No class July 5th

Session II July 26 - August 23

Pre Swim Team - Is designed for those interested in taking the next step towards competi-

tive swim team (Tri City Channel Cats). The pre-swim team is designed for kids who love swimming and want to have fun without the commitment of a competitive swim team. Swimmers who haven't decided if the Channel Cats is right for them will enjoy our pre-Swim Team. Practice will include drills, relay work, racing starts, and swim meet/fun days.

*Swimmer must try-out with the Coach or pass CBRC's Shark level.

CLASS DAYS	CLASS TIMES	Session 1, 2 or 3 (Mem/Non)
Monday - Thursday	10:00 - 10:45; 6:00 - 6:45 pm	\$198 / \$258
Saturdays	10:00 - 10:45 am	\$84 / \$108 Session I or 2

Summer '25 Registration – Payment must accompany registration.								
Name:		Age:	_ DOB:/_	/ P	Parent	Name:_		
Member #	Non:	Phone:	Cell Phone:					
Address:		Emai	l Address:					
Level:		Class Day_		Class Ti	me:		Session:	
Payment: Check_	Cash	Credit	Charge_		Tota	ւ1		
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Weekend Parent-Tot Swim Lessons

Session I

June 14 - July 19
*No classes July 5th

Session II

July 26 - August 23

Parent - Tot - Parent - Tot lessons are designed to introduce infants/toddlers to the water. The emphasis of this hands-on class is to make children comfortable in the water while teaching them basic swimming skills. This instructor guided class gives parents the tools with which to teach their children front and back floats as well as how to put the face in the water. Ages 6 months - 3 years.

CLASS DAYS	CLASS TIMES	COST Member/ Non-Member
Saturday	9:30 - 10:00, 10:30 - 11:00 am	\$68 / \$93 (5 weeks) Session 1 & 2

For more information contact us at 509-943-8416

	Summer 25 Registration – Payment must accompany registration.							
Name:		Age:	_ DOB://	Parent N	ame:	 		
Member #	Non:	Phone:	C	ell Phone:				
Address:Email Address:								
Level:		Class Day_	Cla	ass Time:	Session:	 		
Payment: Check	Cash_	Credit	Charge	Total_				
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